



Rewarding Relationships for Life: **WELL Relationships**

Well Relationships

Imagine yourself walking into any environment feeling truly self assured and connected on the inside while expressing authentic confidence on the outside.

Imagine spending the ultimate in quality time with a loved one or tapping into the best that work and your social life can offer.

Consider the different aspects of your life right now!
Family, health, children, finances, relationship and your inner Self – mind and emotions!

What are you aware of as you focus on each of these areas? How do you feel as you move your focus to each part of your life? Maybe some areas need more support than others. Maybe in some areas you already feel proud, excited, happy, content or a sense of harmony.

If you are unhappy with any part of your life right now, if you feel that there could be more to your relationships, your bank account, your time and energy, then you will discover how to create the life you want with this 6 day Xperience!

This program will take you to the edge of your potential so you can fly!


With support, honesty, respect and guidance we can help you become master of self. We can help you bring a strong sense of self to all your relationships. This includes your relationship with your body, your partner or potential partner, your career and especially the foundation to all your relationships - yourself!

Testimonials

Now I live a peaceful balanced life and living is joyful. Thank you thank you thank you. Donna Thompson

One of the most phenomenal experiences of my life!!!! Lisa Matthews

Claim your inheritance!



Alannah Dore is the walking essence of “Holistic Living”. She has a solid foundation of over 20 years experience in counselling, family therapy and teaching. This coupled with a strong passion for people and a lifetime of continued growth. Alannah is a fountain of compassion and inner confidence. She lives, breathes and shines with all the originality she brings to her work. Her philosophy and experiential learning techniques have facilitated dramatic change in the lives of people around the world.

Lisa Dell ‘Arciprete lives ‘Holistic Living’! From life struggle to life success, she is a shining example of how ‘holistic living’ in action makes magical fairy tales a reality.

No matter what your background you can make dramatic changes now with Lisa’s respect, caring, guidance and expertise. Lisa lives her passion and has countless grateful clients and students to thank her for her caring and understanding.

WELL Relationships is an Xperience to remember!

This means you grow through experiencing all aspects of yourself. It is a retreat from the busyness of life where you create hope, confidence and clarity to resolve problems in your relationships, career, and health. It gives you new possibilities for living well and relating well.

‘Well Relationships’ helps you understand the way relationships work. It gives you tools to understand your part in your interactions. It can help you clarify emotional baggage and deal with that effectively.

Instead of diminishing (or even destroying) the potential rewards that relationships can bring, you enhance your potential for great relationships.

Are you ready to INCREASE success in all your relationships?

Whether you are motivated to do this program for work, family or marriage be prepared to grow in every one of these aspects of your life!

Are you a teacher, carer, parent, spouse, manager employee?

Are you in relationship with work colleagues, staff members, children and/or teenagers, a romantic partner, dependent Family members?

- Conflict resolution INNER skills
- Advanced Communication
- Genuine Connections
- Health and wellbeing
- Meaning and purpose
- Stress and balance
- Meditations for empowerment
- Transforming unwanted emotions
- Advanced response skills
- Understanding relationships
- Clarifying needs
- Completion
- Creating future potential
- Strategies for Success

Harmony, peace, fulfillment and happiness is your birthright!